

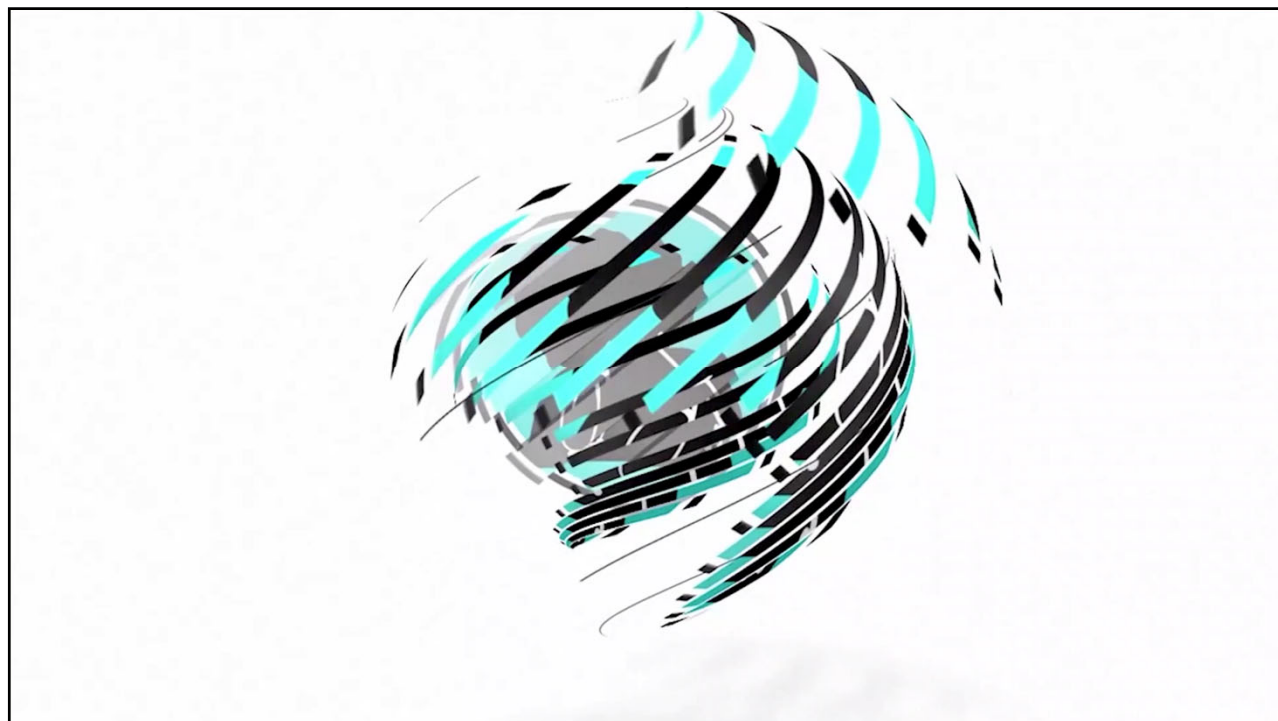
# The power of finding your groove to connect

Tony Adkins PA-C, MPH, MCHS  
Pediatric Neurosurgery, CHOC Children's



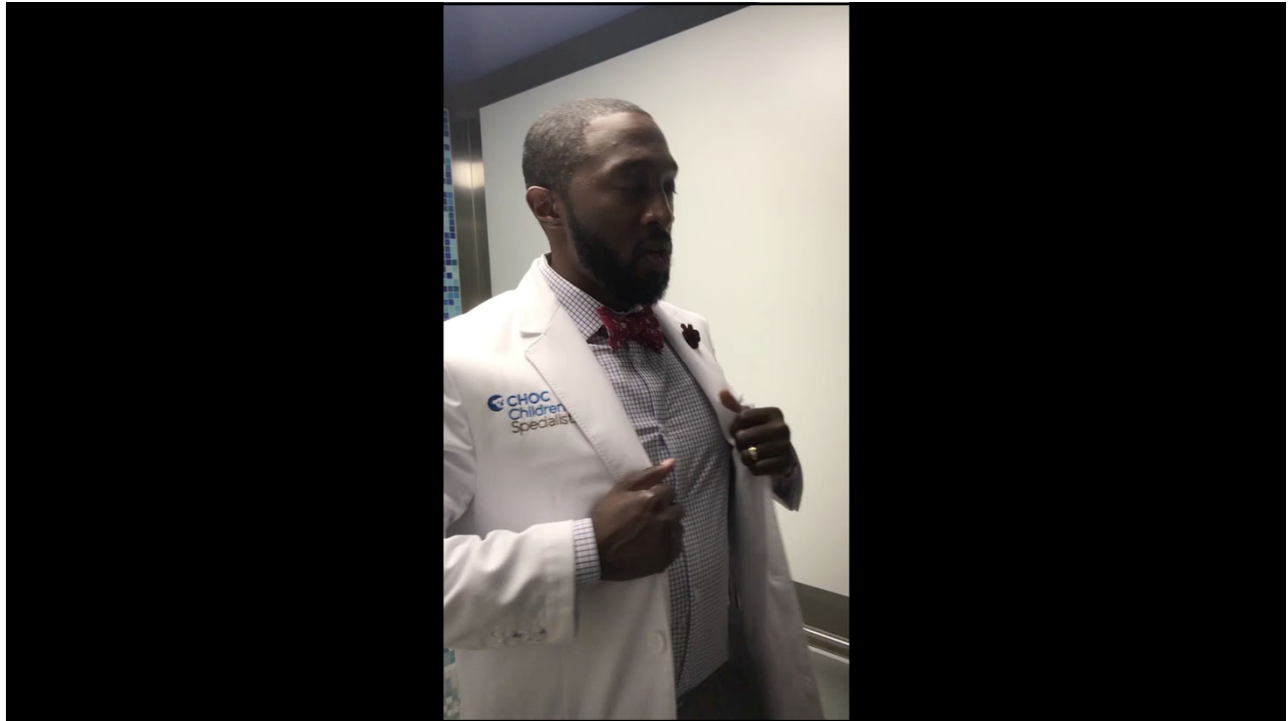
NRC Health Symposium | A journey to understanding | #NRCSymp

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**25<sup>th</sup> Annual NRC Health Symposium – Omni Nashville Hotel  
Nashville, Tennessee  
August 14–16, 2019**



**Mission Statement: To Nurture, Advance and Protect the Health and Well-Being of Children**



**CHOC CHILDREN'S**  
AT A GLANCE

**>100,000**  
Children cared for every year

**100%**  
Committed to family-centered care

<b>2 HOSPITALS</b>		<b>4 CENTERS OF EXCELLENCE</b>			
334 beds at CHOC Children's Hospital in Chicago	54 beds at CHOC Children's at Platter Hospital	Heart Institute	Neuroscience Institute	Orthopaedic Institute	Hybrid Cancer Institute
<b>TRAUMA</b>	<b>MENTAL HEALTH</b>	<b>RESEARCH</b>			
2 pediatric trauma centers	Leaders in developing a national model for comprehensive pediatric mental healthcare	More than 200 active research studies to further advancements in pediatric care			
<b>PROVIDERS</b>		<b>LEADING-EDGE PROGRAMS</b>			
<b>30</b>	More than 30 specialty areas treated, from allergy to oncology	★ Top referral center for the most complex leading disorders			
<b>700</b>	More than 700 providers on the medical staff	★ At the forefront of improving outcomes for micro preemies			
<b>500</b>	More than 500 residents, fellows and medical students who undergo pediatric training at CHOC every year	★ One of the nation's only dedicated cancer programs for teens and young adults			
		★ An innovation institute accelerating advances in pediatric healthcare			

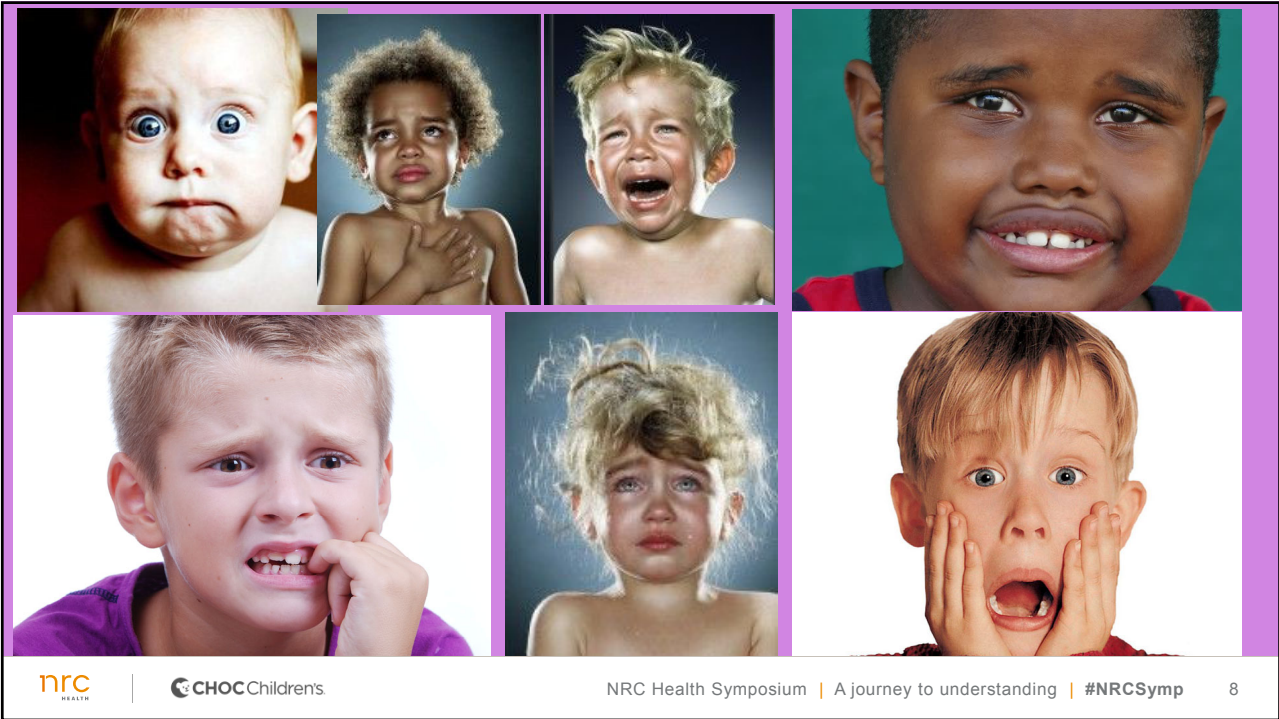
Find more reasons that make CHOC Children's a destination for children's health at [choc.org](http://choc.org).  
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**CHOC.ORG**



**Tony Adkins PA-C, MPH, MCHS**  
Pediatric Neurosurgery





**Focuses on the strengths and sense of well-being of children while promoting their optimal development and minimizing the adverse effect of children experience in health care or other potentially stressful settings.**

## **Play and age-appropriate communication**

- Promote optimal development
- Present information
- Plan and rehearse useful coping strategies for medical events or procedures
- Work through feelings about past or impending experiences
- Establish therapeutic relationships with children and parents to support family involvement in each child's care



## Ways to connect with patients.



- Magic tricks
- Doing activities with patients
- Pet Therapy
- Movie nights
- Music
- Superhero Characters
- McDonald House events



# BETA-ENDORPHINE



Mu-opioid receptor



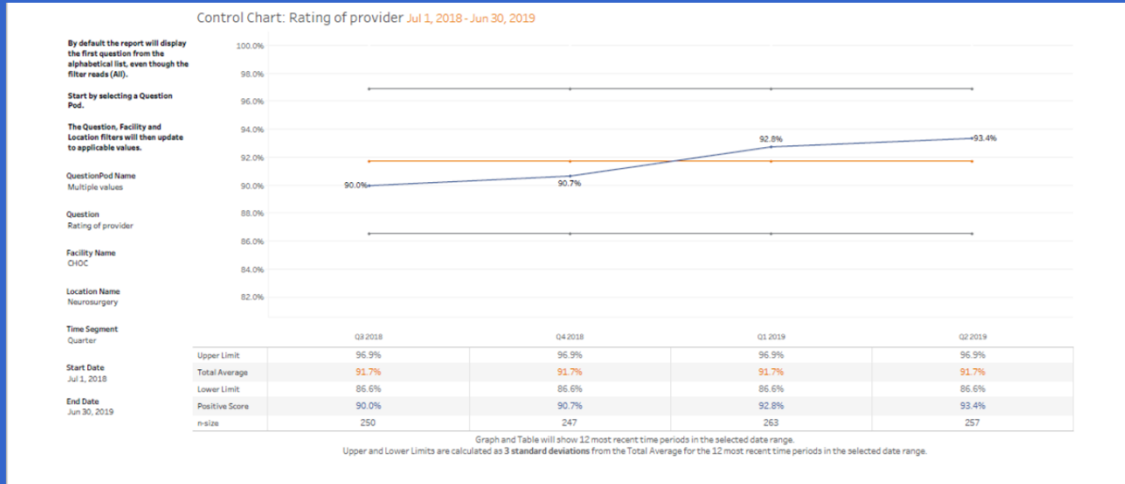
# BETA-ENDORPHINE



Mu-opioid receptor



# CHOC Neurosurgery



Thank You

