## Elements of Governance®

Providing CEOs, board chairs, directors, and support staff with the fundamentals of healthcare governance

A SERIES BY THE GOVERNANCE INSTITUTE

# Governance Development Plan

Third Edition







#### The Governance Institute®

The essential resource for governance knowledge and solutions®

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## Elements of Governance®

A SERIES BY THE GOVERNANCE INSTITUTE

Elements of Governance<sup>®</sup> is designed to provide CEOs, board chairs, directors, and support staff with the fundamentals of not-for-profit governance. These comprehensive and concise governance guides offer quick answers, guidelines, and templates that can be adapted to meet your board's individual needs. Whether you are a new or experienced leader, the *Elements of Governance*<sup>®</sup> series will help supply you and your board with a solid foundation for quality board work.

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The Governance Institute is a membership organization serving not-for-profit hospital and health system boards of directors, executives, and physician leadership. Membership services are provided through research and publications, conferences, and advisory services. In addition to its membership services, The Governance Institute conducts research studies, tracks healthcare industry trends, and showcases governance practices of leading healthcare boards across the country.



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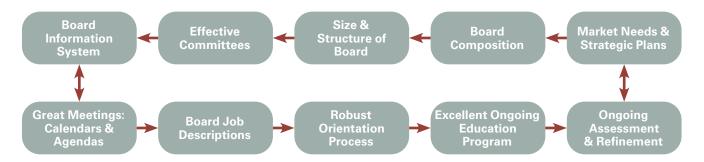
## Introduction

#### What Is Great Governance?

Great governance is a system of strategy and policy decision making by community, physician, and management leaders designed to a) define the strategic and financial plan for the organization, b) hire and support a CEO to implement actions and investments needed to achieve this strategic and financial plan, and c) actively monitor, on behalf of the public, the progress in achieving these plans and budgets in the most cost-effective, ethical, and highest-quality manner possible.

#### **Building Blocks for Great Governance**

To accomplish this lofty purpose, the board understands that a number of building blocks for success must be available:



# Why Is It Necessary to Intentionally Develop and Nurture Great Governance?

The challenges facing the organization, and the complicated needs of communities and patients, physicians, and employees, require faster and smarter decisions about who we are, where we need to go, how to work together to get there, how to measure and monitor the degree of our accomplishments, and how to make needed improvements if we stray off course.

An environment of change and challenge demands great governance, and hospitals and health systems are facing more pressure than ever before, including:

- Historically low financial performance due to factors such as higher operating costs, unpredictable volume recovery, and limited relief from payers
- Unprecedented workforce shortages, turnover, and burnout
- Higher expectations from consumers and patients
- An acceleration of digital health and the use of artificial intelligence
- Increasing cyber-attacks and ransom requests
- The move to value-based care systems that reward improved quality and reduced costs
- Calls for more equitable care that reaches outside the walls of the hospital

## Objectives of a Board Development Plan

ost boards prepare an annual education and development plan that focuses on areas of board performance improvement. Some approach governance development as a strategic plan—identifying ambitious goals for achievement over the typical board member term (e.g., three years, five years). The timeframe will be specific to the organization; however, fixing the timeframe usually is less challenging than identifying specific areas for improvement—the elements of the plan.

As an introduction to the development process, a governance development plan, at a minimum, should encourage discussion around the following questions:

- What is great governance?
- Why do we need to intentionally develop and nurture it, rather than hope it happens by magic?
- What are the building blocks for great governance?
- What actions should we take to enhance board performance over the coming year?
- What actions should we each take to enhance our personal growth and effectiveness as individual board members?
- What actions should management take to help support our efforts at collective and personal performance improvement?
- What are the longer-term strategies we should consider to advance the overall effectiveness of our board?
- What outcomes can we expect from a governance development plan?

A board's focus on development will bring more effective decision-making processes with these key attributes:

- More focus on strategic decisions; less on tactical or operational decisions
- Efficient use of individuals' time and talents
- Civil discussion about what to do and how
- Mutual respect and trust for each other and for management
- Increased stakeholder (patients, physicians, employees, and the community) confidence and satisfaction about where the organization is headed
- A higher level of organizational financial performance and vitality

Success of the board development initiative hinges on buy-in from the board and vigilant attention to the goals derived from the plan. Individual directors and the collective whole must agree to measure the degree to which the board's goals of great governance are actually achieved.

## The Board Development Plan

#### **Planning for Success**

To effectively discharge its key roles, a board must identify the dimensions of governance on which it wishes to focus, and then develop an approach to each. The approach must include practical strategies with specific steps, the responsible party/parties, and implementation timelines.

On the following pages are some suggestions for dimensions of governance. Individual health systems or hospitals should review these dimensions and then develop and work from their own list—one that best suits their specific environment and situation.

#### **Dimensions of Governance**

If your focus is primarily governance structure, your board development action plan should address continuing education, board selection, board composition, meeting organization and content, committee structure, and board evaluation—these are basic dimensions related to governance structure and assessment.

#### **Seven Dimensions of Governance Structure**

A development plan that concentrates on governance structure should focus on the following seven dimensions (see **Appendix 1. Sample Board Development Plan I—Board Structure**):

- 1. Board composition
- 2. Calendar of meetings
- 3. Board agendas
- 4. Board information
- 5. Board self-assessment
- 6. Board committees
- 7. Board education

#### Nine Dimensions of Board Development—Board Attributes

Another type of development plan goes beyond governance structure to include leadership, strategic decision making, and other key board responsibilities (see **Appendix 2. Sample Board Development Plan II—Board Attributes**):

- 1. Board structure
- 2. Leadership effectiveness
- 3. Board culture
- 4. CEO evaluation
- 5. Board membership and selection
- 6. Board self-assessment
- 7. Strategic decision making
- 8. Stakeholder relationships
- 9. Board education and orientation

#### Nine Dimensions of Board Operations—Board Practices

For the ambitious board, the optimal board development plan focuses on a list of recommended board practices in the three fiduciary duties and six core responsibilities (see **Appendix 3. Sample Board Development Plan III—Board Practices**):

- 1. Duty of care
- 2. Duty of loyalty
- 3. Duty of obedience
- 4. Financial oversight
- 5. Quality oversight
- 6. Strategic direction
- 7. Board development
- 8. Management oversight
- 9. Community benefit and advocacy

## The Process

amples of development plans, as well as guidelines for optimal board practices, appear in the Appendix. We recommend that you view these sample templates as a *starting point* for board discussion of its development needs. You will want to review the lists of structure issues, attributes, and practices; then select those you believe are most important for your board to discuss for its development over an identified timeframe (e.g., one year, three years—whatever works for your board). Next, have the board discuss its performance in each area. This exercise—a quasi-self-assessment—should not be considered a proxy for a formal board self-evaluation; rather, it is a structured approach to a formal governance development plan. The next step involves a structured brainstorming session to identify goals and objectives to address each of the areas the board has identified as essential for its development and improved performance. Then, with goals and objectives identified, the board can establish timeframes for meeting its objectives.

We recommend that the process for putting together a governance development plan—and its implementation—be guided by the governance committee or a committee with similar responsibilities. An organization may decide to have the designated committee go through the entire process by itself and then bring a recommended plan to the full board. Alternatively, the organization may choose to involve the full board in the process and then place responsibility for plan implementation with the committee. In this case, we believe it is more efficient to schedule a special meeting or retreat outside the annual calendar of board meetings to get this done.

#### The Process for the Governance Development Plan

- Review the lists of governance dimensions—structure, attributes, and practices.
- 2. Select those dimensions you believe most important for your board to discuss for its development over an identified timeframe (e.g., one year, three years—whatever works for your board).
- 3. Schedule and conduct board discussion of its performance in each area.
- Conduct a structured brainstorming session to identify goals and objectives to address each of the areas the board has identified as essential for its development and improved performance.
- 5. Establish timeframes for meeting identified objectives.
- 6. Place overall responsibility for implementation of the governance development plan with the governance effectiveness committee (or committee with similar responsibilities) or, if the board does not have an appropriate committee for this project, identify someone on the board to take the lead (e.g., chair, vice chair).

## Conclusion

reat governance depends on vigilance. Boards are currently faced with daunting challenges not seen before in the healthcare industry, so now is the time to ensure all steps are being taken to sustain the organization through the next decade and beyond. It cannot be done without a high-performing board. Just as the board places great responsibility on its monitoring of the progress and performance of the organization, the board should also monitor its own performance pulse, identify its optimal "reading," and then put corrective steps into an action plan with clear objectives and timeframes. This then becomes the governance development plan, a key component of high-performing governance.

Putting together a development plan involves buy-in from the entire board—on the process, the areas needing improvement, goals and objectives, and time-frames. There are many, many areas of focus for boards, and the decisions made throughout the process of developing and implementing a plan will vary from organization to organization and from board to board within an organization.

Boards have a lot of responsibilities and a lot to accomplish, and it may be easy to put governance development on the "back burner"—something that can wait until things settle down in the organization. However, at some point—it could be before, during, or after an organizational crisis, or just in the ordinary course of business—it will become evident that the time for governance development as an integral part of overall board performance is *now*.

# Appendix 1. Sample Board Development Plan I—Board Structure

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
<b>Board Composition</b>			
The board has a formal board recruitment program that emphasizes organizational needs and required competencies.			
The board has a long-range plan to further strengthen the board's composition, including ensuring that the board has a broad range of diversity and competencies (e.g., race, gender, background, skills, and experience) and appropriately reflects the community the organization serves.			
Calendar of Meetings			
The board has evaluated meeting frequency to determine optimal number of board meetings and meeting duration.			
The board publishes and updates the calendar at the beginning of each year.			
The board has a strategy review and development meeting/retreat annually.			
The board has a calendar for committee meetings.			
The board includes in its annual calendar at least one formal, special meeting with physician leaders, and at least one special meeting with community leaders.			
The board includes in its annual calendar at least one joint meeting of all boards within the system (if applicable).			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Board Agendas	Well NOW	Todas off Tills	Objectives/ lasks— Hillelines
The board strives to spend more than half of its meeting time in most meetings focused on strategic and future issues, as opposed to hearing reports.			
The board requires one-page executive summaries by management for all information items and action proposals.			
The board requires management summaries to spell out management's conclusions, assessment of pros and cons, and clear recommended course of action.			
Board meetings periodically have time set aside for board education on current issues in healthcare, topics related to strategic goals, community concerns, organizational concerns, etc.			
Board Information		<u> </u>	
The board requires lower-quantity, higher-quality information.			
The board insists on greater reliance on dashboard and graphic indicators.			
The board makes use of a board portal or similar online tool to communicate and access board materials.			
Board Self-Assessment			
The board seeks to continuously improve its own performance by conducting an annual assessment of the board as a whole.			

	We Do This	We Need to	Plan for Improvement Goals and
Board Self-Assessment (c	Well Now	Focus on This	Objectives/Tasks—Timelines
The board seeks to continuously improve its own performance by conducting an annual assessment of individual board members.			
The board uses the assessment process to identify specific governance improvement opportunities, and has included these in an annual plan for improvement.			
Board Committees			
Board committees and task forces have specific charters that clearly define their responsibilities.			
Committees are comprised of well-qualified members, and the board has considered non-board-member representation.			
Committees have efficient operating rules.			
Committees have a strategic direction.			
Committees have an annual action plan.			
The board reviews its committee performance at least every two years to ensure committees are fulfilling their charters and working effectively with the full board.			
Board Education			
The board has a formal program for its own orientation and ongoing education.			
The board has an annual board education plan that is reflected in the organization's budget for board activities and support.			

# Appendix 2. Sample Board Development Plan II— Board Attributes

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Board Structure			
The board is large enough to offer diversity of views, yet small enough to be efficient.			
Committees and task forces have specific charters, well-qualified members, efficient operating rules, and are equipped with a strategic direction.			
The board will redesign governance based on opportunities to produce dramatically improved outcomes.			
Leadership Effectiveness			
The board behaves in a professional manner.			
The board is not reluctant to challenge strategic thinking of management, others.			
The board understands the difference between management and governance, and strives to stay out of operations.			
The board is team- oriented and comprised of team players.			
The board uses excellent decision-making techniques.			
The board understands healthcare issues, challenges, and impacts.			
Board members are leaders who know how to encourage innovation and welcome organizational change.			
The board confronts barriers to organizational transformation and innovation.			
The board deals efficiently and effectively with unplanned change.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Leadership Effectiveness	(cont.)		
The board focuses on vision and outcomes versus programs and actions.			
Board members are open to alternative views and challenge conventional wisdom.			
Board members think in terms of the future and can envision various scenarios and their implications.			
Board Culture			
Board members demonstrate a clear understanding of the board's roles and responsibilities.			
Meetings are held at the right frequency for the board to fulfill its duties and responsibilities.			
The board's culture allows for active participation, candid communication, and rigorous decision making.			
The board engages in constructive dialogue with management.			
Board members respect the distinction between the role of the board vs. management and avoid getting into operational matters.			
Board members voice opinions/concerns regardless of how sensitive the matter may be.			
The board sets appropriate short- and long-term goals for management and clinical leaders in order to successfully implement the strategic plan.			
The board is able to inform and engage all stakeholders to gain buy-in and sustain organizational change/transformation.			
The board, management, medical staff, and nursing staff are aligned in pursuing the organization's strategic goals and vision.			

		1	
	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
CEO Evaluation			
The board has compre- hensive, clear criteria for CEO evaluation.			
The board and CEO agree on scope, purpose, and how evaluation is tied to compensation.			
The evaluation has specific performance goals related to strategic success.			
The evaluation process works effectively to attract/retain quality leadership.			
Board Membership and S	election	-	
The board has a recruitment process that identifies membership gaps (experience, skillsets, diversity, etc.) based on strategic needs.			
Each member has an expertise profile.			
The selection process ensures diverse, well-qualified, and dedicated people.			
Recruitment needs are based on future board needs (at least three years in the future).			
The board has evaluated whether term limits do or would work well for its overall performance.			
Board Self-Assessment			
The board conducts an annual self-assessment of the board as a whole.			
The board conducts assessments of individual board members, and uses the outcomes of these assessments in reappointment decisions.			
The board uses the assessment process to identify specific governance improvement opportunities, and has included these in an annual plan for improvement.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Strategic Decision Making			
Board meeting agendas match strategic issues and priorities.			
The board devotes at least 60 percent of its time to strategic and policy issues; it generates key insights and wisdom versus simply gathering information.			
Board discussion is future-oriented.			
Management provides the board with well thought-out options and alternatives.			
The board provides strategic guidance to management.			
The board continually scans the environment for meaningful change that is critical to the organization.			
The board anticipates market needs rather than reacts to them.			
The board strategically invests in new core competencies.			
The board can rapidly modify strategic direction as circumstances change.			
Stakeholder Relationships		<u>,                                      </u>	
The board understands key stakeholders' perceptions.			
The board develops new responses to community needs.			
The board has clearly defined the organization's value/brand, and has committed to exceeding expectations and enhancing stakeholder satisfaction.			
The board knows how to build collaborative relationships.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Stakeholder Relationships	(cont.)		
The board understands and develops effective responses to the interest and needs of patients and customers.			
The board has an active advocacy program to ensure that civic, state, and federal leaders understand key healthcare issues as these issues relate to their constituencies.			
The board has defined what success will look like as a result of governance and organizational change.			
Board Education and Orien	tation		
The board has a writ- ten policy and budget for education and development.			
New board members receive a thorough orientation.			
The board has an active ongoing education program tied to strategic challenges.			
The board has a peer-to- peer mentoring program.			
Board meetings typically include an education component.			
The governance development process is responsible for merging governance issues, education, and self-assessment.			

# Appendix 3. Sample Board Development Plan III— Board Practices

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Duty of Care			
The board requires that board members receive education on their fiduciary duties.			
The board reviews and updates, if needed, policies that specify the board's major oversight responsibilities at least every two years.			
Board members receive necessary background materials and well-developed agendas within sufficient time to prepare for meetings.			
The board assesses its governance model including structure, policies, processes, and board expectations at least every three years.			
The board reviews its committee structure and charters at least every two years to assure the necessary committees are in place, independence of committee members where necessary, and continued utility of committee charters/clear delegation of responsibilities.			
The board secures expert, professional advice before making major financial and/ or strategic decisions (e.g., financial, legal, facility, clinical, other consultants, etc.).			
The board requires management to provide the rationale for their recommendations, including options they considered.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Duty of Loyalty	VVCII 140VV	10003 011 11113	Objectives/ lasks Timelines
The board uniformly and consistently enforces a conflict-of-interest policy that, at a minimum, complies with the most recent IRS definition of conflict of interest.			
Board members complete a full conflict-of-interest disclosure statement annually.			
The board has a specific process by which disclosed potential conflicts are reviewed by independent, non-conflicted board members with staff support from the general counsel.			
The board enforces a written policy that states that deliberate violations of conflict of interest will require disciplinary action or potential removal from board service.			
The board follows a specific definition, with measurable standards, of an "independent director" that, at a minimum, complies with the most recent IRS definition and takes into consideration any applicable state law.			
The board enforces a written policy on confidentiality that requires board members to refrain from disclosing confidential board information to non-board members.			
The board has a writ- ten policy outlining the organization's approach to physician competition/ conflict of interest.			
The board assesses the adequacy of its conflict-of-interest policy as well as the sufficiency of its conflicts review process at least every two years.			
The board reviews and ensures that the Federal Form 990 information filed with the IRS meets the highest standards for completeness and accuracy.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Duty of Obedience	Won How	1 0000 011 11110	Objectives, lacks Timelines
The board adopts and periodically reviews the organization's written mission statement to ensure that it correctly articulates its fundamental purpose.			
The board considers how major decisions will impact the organization's mission before approving them, and rejects proposals that put the organization's mission at risk.			
The board establishes a risk profile for the organization and holds management accountable to performance consistent with that risk profile.			
When considering major projects, the board discusses what the organization is forgoing by undertaking the project, the risks and tradeoffs, and approaches to mitigating risks associated with the project.			
The board annually reviews and approves an updated enterprise risk management assessment and improvement plan.			
The board regularly reviews information provided by the chief information security officer (or top executive responsible for cybersecurity) to assess the organization's risk profile for cyber attacks and the sufficiency of management's handling of data storage, security protocols, and response to cyber attacks.			
The board ensures that management treats data privacy and security as a top priority for the organization and appropriately holds management accountable for meeting this responsibility.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Duty of Obedience (cont.)	Well Now	10003 011 11113	Objectives/ lasks Timelines
The board has approved a "code of conduct" policies/ procedures document that provides ethical requirements for board members, employees, and practicing physicians.			
The board has delegated its executive compensation oversight function to a group (e.g., committee, ad hoc group, task force, etc.) composed solely of independent directors of the board.			
The board has established policies regarding executive and physician compensation that include consideration of IRS mandates of "fair market value," "reasonableness of compensation," and industry benchmarks when determining compensation.			
The board ensures that the annual compliance plan is properly updated, implemented, and effective (e.g., systems for detecting, reporting, and addressing potential violations of law or payment regulations; new legislation; updates to current regulations; etc.).			
The board has established a direct reporting relationship with general counsel.			
The board has approved a "whistleblower" policy that specifies the manner in which the organization handles employee complaints and allows employees to report in confidence any suspected misappropriation of charitable assets.			
The board follows a written external audit policy that makes the board responsible for approving the auditor as well as approving the process for audit oversight.			

	We Do This	We Need to	Plan for Improvement Goals and
	Well Now	Focus on This	Objectives/Tasks—Timelines
Duty of Obedience (cont.)		•	
The board has created a separate audit committee (or audit and compliance committee, or other committee or subcommittee specific to audit oversight) to oversee external and internal audit functions that is composed entirely of independent persons who have appropriate qualifications to serve in such role.			
Board members responsible for audit oversight meet with external auditors, without management, at least annually.			
Financial Oversight			
The board is sufficiently informed and discusses the multi-year strategic/financial plan before approving it.			
The board is sufficiently informed and discusses the organization's annual capital and operating budget before approving it.			
The board annually reviews and approves the investment policy.			
The board reviews financial feasibility of major projects before approving them.			
The board monitors financial performance against targets established by the board related to liquidity ratios, profitability, activity, and debt, and demands corrective action in response to under-performance.			
The board ensures that the finance and quality committees work together to improve quality while reducing costs and sets value-based performance goals for senior management and physician leaders.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines	
Quality Oversight (Note: The Governance Institute incorporates the following into its definition of quality: safety, outcomes, equity, and value.)				
The board approves long- term and annual quality performance criteria based upon industry-wide and evidence-based practices in order for the organization to reach and sustain the highest performance possible.				
The board requires all hospital clinical programs or services to meet quality-related performance criteria.				
The board annually approves and at least quarterly reviews quality performance measures for all care settings, including population health and value-based care metrics (using dashboards, balanced scorecards, or some other standard mechanism for board-level reporting) to identify needs for corrective action.				
The board includes objective measures for the achievement of clinical improvement and/or patient safety goals as part of the CEO's performance evaluation.				
The board devotes a significant amount of time on its board meeting agenda to quality issues/discussion (at most board meetings).				
The board has a standing quality committee.				
The board annually approves and regularly monitors employee engagement/satisfaction metrics, including issues of concern regarding physician burnout.				
The board, in consultation with the medical executive committee, participates in the development of and/or approval of explicit criteria for medical staff recommendations for physician appointments, reappointments, and clinical privileges, and conducts periodic audits of the credentialing and peer review process to ensure that it is being implemented effectively.				

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Quality Oversight (cont.)			
The board is willing to challenge recommendations of the medical executive committee(s) regarding physician appointment or reappointment to the medical staff.			
The board allocates sufficient resources to developing physician leaders and assessing their performance.			
The board ensures consistency in quality reporting, standards, policies, and interventions such as corrective action with practitioners across the entire organization.			
Strategic Direction			
The full board actively participates in establishing the organization's strategic direction including creating a longer-range vision and approving the strategic plan.			
The board ensures that a strategy is in place for aligning the clinical and economic goals of the hospital(s) and physicians.			
The board requires that all plans in the organization (e.g., financial, capital, operational, quality improvement) be aligned with the organization's overall strategic plan/direction.			
The board evaluates proposed new programs or services on factors such as mission compatibility, financial feasibility, market potential, and impact on quality and patient safety, community health needs, and adherence to the strategic plan before approving them.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Strategic Direction (cont.)			
The board incorporates the perspectives of all key stakeholders when setting strategic direction for the organization (i.e., patients, physicians, employees, and the community).			
The board holds management accountable for accomplishing the strategic plan by requiring that major strategic projects specify both measurable criteria for success and those responsible for implementation.			
The board spends more than half of its meeting time during most board meetings discussing strategic issues as opposed to hearing reports.			
The board follows board- adopted policies and procedures that define how strategic plans are developed and updated (e.g., who is to be involved, timeframes, and the role of the board, management, physicians, and staff).			
The board requires management to have an up-to-date medical staff development plan that identifies the organization's needs for ongoing physician availability.			
The board works with management to gain awareness of, and prepare to respond to, matters of business disruption.			
Board Development			
The board sets annual goals for board and committee performance that support the organization's strategic plan/direction.			
The board uses the results from a formal self-assessment process to establish board performance improvement goals at least every two years.			

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines
Board Development (cont.)			
The board reviews its committee performance at least every two years to ensure charter fulfillment and that coordination between committees and the board and reporting to the full board are effective.			
The board uses a formal orientation program for new board members that includes education on their fiduciary duties and information on the industry and its regulatory and competitive landscape.			
The board has a "mentor- ing" program for new board members.			
Board members participate at least annually in education regarding its responsibilities to fulfill the organization's mission, vision, and strategic goals.			
The board has job descriptions for the full board, individual board members, officers, and committee chairs that outline duties, responsibilities, and expectations, and are signed by every board member.			
The board selects new director candidates from a pool that reflects a broad range of diversity and competencies (e.g., race, gender, background, skills, and experience).			
The board enforces a policy on board member term limits and retirement age.			
The board enforces minimum meeting preparation and attendance requirements.			
The board uses a formal process to evaluate the performance of individual board members.			
The board uses agreed-upon performance requirements for board member and officer reappointment.			
The board uses an explicit process of board leadership succession planning to recruit, develop, and choose future board officers and committee chairs.			

We Do This	We Need to	Plan for Improvement Goals and		
Well Now	Focus on This	Objectives/Tasks—Timelines		
The board has adopted a				
		Well Now Focus on This		

	We Do This Well Now	We Need to Focus on This	Plan for Improvement Goals and Objectives/Tasks—Timelines	
Community Benefit and Advocacy (cont.)				
The board has adopted a policy on financial assistance for the poor and uninsured that adheres to the mission and complies with federal and state requirements.				
The board ensures that the organization effectively addresses social determinants of health (e.g., housing, access to healthy food, employment, financial strain, behavioral health, personal safety) in the context of its community benefit activities.				
The board provides oversight with respect to organizational compliance with IRS tax-exemption requirements concerning community benefit and related requirements.				
The board holds manage- ment accountable for implementing strategies to meet the needs of the com- munity, as identified through the community health needs assessment.				
The board assists the orga- nization in communicating with key external stake- holders (e.g., community leaders, potential donors).				
The board has a written policy establishing the board's role in fund development and/or philanthropy.				
The board works closely with general counsel to assure all advocacy efforts are consistent with taxexemption requirements.				
The board has adopted a policy regarding information transparency, explaining to the public in understandable terms its performance on measures of quality, safety, pricing, customer service, and community benefit.				

# Appendix 4. Guidelines for Optimal Board Performance

#### **Better Meetings**

- Make sure more than half of board meeting time is focused on the future and strategically important items, not on reporting or reviews of the past.
- Put optimal effort into preparation for the meeting; board members should receive the agenda and materials at least one week in advance of meetings, and be required to arrive at meetings fully prepared to discuss all items on the agenda.
- Look at future critical issues and develop strategies for dealing with expected problem areas.
- Use dashboards and graphics to review financial and quality performance data and hold management accountable for achieving improvement goals related to performance metrics.
- Have a planned calendar for the year that defines when key topics and decisions are scheduled.
- Maintain a clear purpose for each meeting through careful planning to achieve objective in a limited amount of time.
- Use a consent agenda (carefully).
- Ask members at the beginning of the meeting if there are additional items to
  place on the agenda. Secure agreement from board members to cover these
  items, or place on the next meeting agenda. Then, make sure there is minimal
  distraction from the final agenda.
- Allow a short period at the end of the meeting for board members to express personal views on the work the board is doing.
- Meetings should be interesting. The format may need to change from time to time to keep members' full attention.
- Ask each board member, in less than one minute, to add something of concern to the meeting (whether it is a weakness or strength, or simply information).
- Consider using a board portal or similar online tool to improve the flow of ideas and information among all members and the CEO.
- Make certain all members have an opportunity to participate in meetings.
- Occasionally bring in presentations from "real people" such as a patient, a physician, a community leader, or a competitor.
- Build in Q&A sessions to keep board members involved.
- Continue to provide opportunities for board education.
- Start and end meetings on time.
- Always consider which issues can appropriately be delegated to committees/ sub-committees/ad hoc groups.

#### **Better Committee Work**

- Develop an annual roadmap/action plan for each committee—develop clear expectations of what the committee needs to accomplish for each guarter.
- Make committee goals and purposes clear from the beginning.
- Make sure each committee member is knowledgeable about all aspects of the committee's duties and responsibilities.
- Establish a schedule for all meetings and meet regularly.
- Organize committee meetings to be structured and concise.
- Put action items at the beginning of the committee meeting agenda.
- Hand out detailed reports that have a short executive summary; then solicit committee members' questions on the topics.
- Have frequent Q&A sessions in committee meetings.
- Assign work to everyone on the committee.
- Keep members on a committee for more than one year to gain continuity and quality.
- Listen to the public and key stakeholders to improve the quality of discussions in committee meetings—bring to committee members issues about the organization that are being talked about in local community groups.
- Assign a secretary to keep minutes of meetings.
- Have open discussions at most committee meetings.
- Develop a uniform process for reporting to the full board—reports should be concise and action-oriented.
- Provide better information and lead time for committee work and deliberations.
- Give committee chairs guidance on efficient and effective conduct of meeting agendas and discussion to stay on track.
- Ask chairpersons to invite and encourage ideas from all members.
- Everyone needs to listen and interact courteously.

#### **Better Information**

- Insist on consistent and clear reporting formats.
- Avoid jargon and abbreviations.
- Use standard English in reports.
- Increase management-by-exception reporting.
- Rely on executive summaries.
- Share insights more intentionally.
- Always strive for accurate data.

# **Attract High-Performing Board Members, Committee Leaders, and Committee Members**

- Develop explicit criteria for board member selection; focus on the experience, skillsets, diversity, and competencies needed to achieve the organization's goals.
- Choose board members who are active, interested, and passionate about the organization's mission, its ability to meet the needs of the community, and future success.

- Assess prospective board members' interests and place them on committees
  according to their interests and specialties (committees are good proving
  grounds for prospective directors; this "farm team" approach also enables
  the board to make the most of a prospective board member's expertise until a
  board position opens).
- Seek committee leaders with a proven ability to hold people on task.
- Ensure that the committee leader involves all committee members.
- Let prospective committee leaders know when the meetings will be scheduled, and advise them whether there will be additional meetings if necessary.
- Offer education and support relevant to the committee's focus.